

# EMOJIS!!!!

## WHAT MAKES YOU SMILE?



**Name 3 things in your life that make you smile.**

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

**Name two things about yourself that make you smile.**

- Examples: I am a great friend. I am really good at sports. I am a happy person.
- \_\_\_\_\_

**How do you feel today?**

- Examples: Anxious. Excited. Sad. Happy! Worried. Grateful. Hopeful. Optimistic.
- \_\_\_\_\_

**Now, draw an emoji of yourself for each of the things you listed above. If you need to, look at yourself in the mirror to see what your face looks like for each one. Try to make the emoji look like you! Add your glasses, hair, freckles, ZITS! (ewwww), etc. Practice on another sheet if you need to.**

		
		